



Two Drops of Patience

The extension activities below are designed to extend the InSight experience into the classroom. Activities are designed for Grades 9-12 students, but can be adapted for younger students.

www.insightproject.ca

Objectives

- Understand the challenges ahead in tackling the SDGs, particularly Goal 3: Good Health and Well-being and Goal 5: Gender Equality
- Understand the intersectional nature of health and wellbeing with experiences of other genders
- Take action to promote gender equality/equity in your community

About the Film: Two Drops of Patience

Two Drops of Patience follows the journey of Patience Asimwe deep into the mountains of northeastern Uganda, where she joins a polio vaccination team striving to provide life-saving vaccine access to children living in rural and remote areas.

Produced for: Rotary International by Idea Studio, 2017

Directors: Bruce Sinclair

Producers: Alora May, Bildad Koske, Bruce Sinclair

Visit: http://ideastudio.ca/two_drops_of_patience.php

Extension Activity: Exploring Health Care Work

Objective: Participants will recognize the importance of healthcare workers and take an active part in solving the healthcare worker shortage.

Key Definitions

Workforce: The group of workers in a given country, company or industry engaged in work or available.

Resilience: The capacity or ability to recover quickly from difficulty or challenges.

Addressing the Health Care Workforce Shortage

Materials: Projector or screen with internet access. Students will need paper and pens/pencils.

Pose the question to the group: Are there enough health care workers to take care of everyone who needs them?

Show the following videos:

Imagine.... (Animation on the shortage of health workers, produced by the Global Health Workforce) - <https://www.youtube.com/watch?v=tCSmIYmPOi4>

WHO: The Power of Health Workers - <https://www.youtube.com/watch?v=TeP0aafYvH0&t=2s>

Together, read the summary of the following policy brief:

Troubles in Canada's Health Workforce: The Why, the Where, and the Way Out of Shortages - C. D. Howe Institute - <https://www.cdhowe.org/public-policy-research/troubles-canadas-health-workforce-why-where-and-way-out-shortages>

- Are there more or fewer healthcare workers in Canada compared to the beginning of 2020?
- Are there more or fewer unfilled healthcare jobs compared to the beginning of 2020?
- Where are most of those unfilled jobs? What sectors, regions or locations?
- Would you like to work in front-line health care currently? Why or why not?
- Do the authors expect this situation to improve or worsen in the coming years? Why?

Interrogating Sources

- Who are the authors of this policy brief, and what are their motivations?
- Who is the C. D. Howe Institute, and how are they funded? How might this affect the way they see problems and solutions?
- What other voices would you trust to give advice and information on health care policy?



Read: 7 Issues that Will Shape the Health Workforce of the Future

Divide students into small groups and assign each group an "issue" from the article. Have participants read their section of the article, then brainstorm 10 ideas to solve their "issue" by 2030. Have groups present their issue and resolutions to the rest of the group.

Article: **7 Issues that Will Shape the Health Workforce of the Future** *Global Health Writes.*
December 17, 2017 Length: 1400 words

<https://www.intrahealth.org/vital/7-issues-will-shape-health-workforce-future>

Issue 1: **Gender Equality**

Issue 2: **Personal Safety**

Issue 3: **Room for More Young Workers**

Issue 4: **Affordable Education**

Issue 5: **Data and Technology**

Issue 6: **Creative Partnerships**

Issue 7: **Resiliency**

Canada

Program undertaken with the financial support of the Government of Canada provided through Global Affairs Canada.



Extension Activity: Exploring SDG Connections

Objective: Participants will deepen their understanding of the Sustainable Development Goals and their purpose.

Key Definitions

Sustainable Development Goals:

The Sustainable Development Goals (SDGs) were born at the United Nations Conference on Sustainable Development in Rio de Janeiro in 2012. The objective was to produce a set of universal goals that meet the urgent environmental, political and economic challenges facing our world.

Millennium Development Goals:

The SDGs replace the Millennium Development Goals (MDGs), which started a global effort in 2000 to tackle the indignity of poverty. The MDGs established measurable, universally-agreed objectives for tackling extreme poverty and hunger, preventing deadly diseases, and expanding primary education to all children, among other development priorities.

For 15 years, the MDGs drove progress in several important areas: reducing income poverty, providing much needed access to water and sanitation, driving down child mortality and drastically improving maternal health. They also kick-started a global movement for free primary education, inspiring countries to invest in their future generations. Most significantly, the MDGs made huge strides in combatting HIV/AIDS and other treatable diseases such as malaria and tuberculosis.

Watch

The United Nations Development Program operates in over 170 countries and territories working toward global development goals, an interconnected set of priorities that require cooperation across borders.

Video: **Transitioning from the MDGs to the SDGs.** *UNDP. Sept. 25, 2015. Length: 3 minutes*
This short video explains the difference between the MDGs and the newer SDGs
https://www.youtube.com/watch?v=5_hLuEui6ww

Question 1: **What were some of the impacts of the MDGs? Where did they fall short?**

Question 2: **What are some of the challenges you would expect when creating a list of global goals?**

Video: **Do you know all 17 SDGs - United Nations.** *Apr. 20, 2018*
<https://www.youtube.com/watch?v=OXTBYMfZyrM>

Question 3: **The Sustainable Development Goals are interconnected. How do each of the goals connect to SDG 3: Good Health and Well-being?**

Question 4: **Which of the SDGs are you most interested in exploring further?**

Question 5: **Which SDGs do you think your community is contributing to most? Where does it need to improve most?**

